

Types of Peer Pressure

~~~~~D.A.R.E. Lesson 6~~~~~

F.R.I.E.N.D.S.- Fight for you, Respect you, Involve you, Encourage you, Need you, Deserve you, and Stand by you.



Positive- When a friend or someone else you know urges you to do something that is **good for you**. Sounds like- "Come on, let's practice one more time!"



Friendly- When someone who is your friend tries to get you to do something **you may or may not want to do**.

Sounds like- "come on, ...but we'll have fun together"

Indirect/Tempting- When someone tries to **persuade you or convince you to do something you DO NOT WANT to do** (back door method)  
Sounds like- "If we go, I know the party will have some beer, you really should go with us."



Teasing- When someone **makes fun of you** to try to get you to do something you **DO NOT WANT to do**. Sounds like- "What are you chicken? Come on four eyes, let's go over there and smoke."

Heavy/Bullying- When someone **threatens you**, physically or verbally, in an attempt to get you to do something you **DO NOT WANT to do**. Sounds like- "If you don't, you'll be sorry, I won't be your friend anymore!" or "I'm going to punch you!"

